



2022年河南省科技体育联赛（郑州高新站）短距离赛
郑州市 / 02.10.2022-02.10.2022

Detailed evaluation

董卓

Club: 郑州市第五十三中学

Total time: 20:41

Running performance: 8:59 min/km

Course: 2.30 km / 14 Controls

Category:

成年男子组

Rank in category: 15(of 26)

Best time in the category: 11:10

Behind: 9:31

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (115)	1:56	25	1:27	300.0	1:56	23	1:27	300.0
2 (108)	2:11	12	1:15	133.9	4:07	24	1:55	87.1
3 (106)	0:33	2	0:03	10.0	4:40	14	1:56	70.7
4 (102)	0:58	14	0:13	28.9	5:38	14	2:37	86.7
5 (103)	0:22	17	0:05	29.4	6:00	14	2:38	78.2
6 (107)	1:02	5	0:41	195.2	7:02	12	3:40	108.9
7 (109)	0:21	2	0:03	16.7	7:23	8	4:01	119.3
8 (110)	0:19	4	0:01	5.6	7:42	8	3:06	67.4
9 (101)	1:19	14	0:57	259.1	9:01	8	4:25	96.0
10 (104)	0:38	10	0:08	26.7	9:39	8	3:50	65.9
11 (111)	1:47	6	0:34	46.6	11:26	7	5:37	96.6
12 (113)	0:53	2	0:06	12.8	12:19	7	6:30	111.8
13 (117)	7:35	25	6:29	589.4	19:54	16	9:29	91.0
14 (118)	0:31	8	0:07	29.2	20:25	16	9:32	87.6
Finish	0:16	3	0:16	-	20:41	15	9:31	85.2