



2022年河南省科技体育联赛（郑州高新站）短距离赛
郑州市 / 02.10.2022-02.10.2022

Detailed evaluation

卢恒硕

Club: 郑州市第五十三中学

Total time: 27:41

Running performance: 12:02 min/km

Course: 2.30 km / 14 Controls

Category:

成年男子组

Rank in category: 19(of 26)

Best time in the category: 11:10

Behind: 16:31

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (115)	1:33	23	1:04	220.7	1:33	21	1:04	220.7
2 (108)	1:54	8	0:58	103.6	3:27	15	1:15	56.8
3 (106)	1:22	21	0:52	173.3	4:49	18	2:05	76.2
4 (102)	3:40	26	2:55	388.9	8:29	24	5:28	181.2
5 (103)	0:50	24	0:33	194.1	9:19	24	5:57	176.7
6 (107)	1:24	19	1:03	300.0	10:43	24	7:21	218.3
7 (109)	0:46	17	0:28	155.6	11:29	22	8:07	241.1
8 (110)	0:57	21	0:39	216.7	12:26	22	7:50	170.3
9 (101)	1:36	18	1:14	336.4	14:02	19	9:26	205.1
10 (104)	1:47	23	1:17	256.7	15:49	19	10:00	171.9
11 (111)	2:15	22	1:02	84.9	18:04	19	12:15	210.6
12 (113)	2:55	23	2:08	272.3	20:59	19	15:10	260.7
13 (117)	5:11	24	4:05	371.2	26:10	20	15:45	151.2
14 (118)	1:05	23	0:41	170.8	27:15	20	16:22	150.4
Finish	0:26	19	0:26	-	27:41	19	16:31	147.9