



2022年河南省科技体育联赛（郑州高新站）短距离赛
郑州市 / 02.10.2022-02.10.2022

Detailed evaluation

沈雨涵

Club: 郑州市第一二二中学

Total time: 39:03

Running performance: 20:01 min/km

Course: 1.95 km / 12 Controls

Category:

青年女子组

Rank in category: 6(of 7)

Best time in the category: 14:02

Behind: 25:01

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (112)	1:43	6	0:27	35.5	1:43	6	0:27	35.5
2 (102)	2:31	6	0:30	24.8	4:14	6	0:53	26.4
3 (103)	0:25	5	0:05	25.0	4:39	6	0:57	25.7
4 (110)	10:30	7	10:10	3,050.0	15:09	7	9:49	184.1
5 (109)	0:48	7	0:28	140.0	15:57	7	10:09	175.0
6 (107)	1:15	7	0:55	275.0	17:12	7	10:56	174.5
7 (104)	1:08	7	0:34	100.0	18:20	7	11:27	166.3
8 (105)	3:51	7	2:45	250.0	22:11	7	14:08	175.6
9 (106)	0:44	5	0:19	76.0	22:55	7	14:24	169.1
10 (108)	1:35	6	0:23	31.9	24:30	6	14:42	150.0
11 (117)	13:22	6	10:20	340.7	37:52	6	24:52	191.3
12 (118)	0:41	4	0:02	5.1	38:33	6	24:54	182.4
Finish	0:29	7	0:08	38.1	39:03	6	25:01	178.3