



2022年河南省科技体育联赛（郑州高新站）短距离赛  
郑州市 / 02.10.2022-02.10.2022

## Detailed evaluation

刘精诚

Club: 郑州市第七十中学

Total time: 14:53

Running performance: 6:28 min/km

Course: 2.30 km / 14 Controls

Category:

青年男子组

Rank in category: 6(of 25)

Best time in the category: 12:14

Behind: 2:39

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (115)	0:32	7	0:03	10.3	0:32	7	0:03	10.3
2 (108)	2:07	11	0:24	23.3	2:39	10	0:24	17.8
3 (106)	0:56	9	0:10	21.7	3:35	9	0:25	13.2
4 (102)	0:54	13	0:10	22.7	4:29	7	0:32	13.5
5 (103)	0:21	9	0:06	40.0	4:50	8	0:34	13.3
6 (107)	1:29	17	0:34	61.8	6:19	10	1:08	21.9
7 (109)	0:25	4	0:04	19.1	6:44	9	1:01	17.8
8 (110)	0:36	20	0:21	140.0	7:20	10	1:17	21.2
9 (101)	1:53	19	1:29	370.8	9:13	11	2:04	28.9
10 (104)	0:35	6	0:05	16.7	9:48	10	2:08	27.8
11 (111)	1:46	6	0:10	10.4	11:34	9	2:12	23.5
12 (113)	0:57	14	0:12	26.7	12:31	8	2:23	23.5
13 (117)	1:31	6	0:15	19.7	14:02	8	2:38	23.1
14 (118)	0:31	3	0:01	3.3	14:33	7	2:39	22.3
Finish	0:19	8	0:04	26.7	14:53	6	2:39	21.7