



2022年河南省科技体育联赛（郑州高新站）短距离赛  
郑州市 / 02.10.2022-02.10.2022

## Detailed evaluation

宁婧睿

Club: 郑州市第七初级中学

Total time: 38:30

Running performance: 20:15 min/km

Course: 1.90 km / 12 Controls

Category:

少年女子组

Rank in category: 15(of 19)

Best time in the category: 17:14

Behind: 21:16

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (114)	3:58	17	3:01	317.5	3:58	17	3:01	317.5
2 (108)	5:28	16	3:19	154.3	9:26	18	5:54	167.0
3 (103)	3:05	17	2:14	262.8	12:31	18	8:04	181.3
4 (102)	0:48	18	0:26	118.2	13:19	18	8:25	171.8
5 (109)	2:00	12	0:56	87.5	15:19	16	9:20	156.0
6 (110)	1:20	17	0:55	220.0	16:39	15	10:11	157.5
7 (107)	2:00	17	1:36	400.0	18:39	16	11:44	169.6
8 (104)	7:06	18	6:30	1,083.3	25:45	18	18:10	239.6
9 (105)	1:19	2	0:02	2.6	27:04	18	18:10	204.1
10 (113)	6:38	14	4:13	174.5	33:42	19	22:17	195.2
11 (117)	3:13	11	1:39	105.3	36:55	16	21:47	143.9
12 (118)	1:04	17	0:32	100.0	37:59	16	22:51	151.0
Finish	0:31	14	0:11	55.0	38:30	15	21:16	123.4