



2022年河南省科技体育联赛（郑州高新站）短距离赛  
郑州市 / 02.10.2022-02.10.2022

## Detailed evaluation

宁婧润

Club: 郑州市第七初级中学

Total time: 42:35

Running performance: 22:24 min/km

Course: 1.90 km / 12 Controls

Category:

少年女子组

Rank in category: 16(of 19)

Best time in the category: 17:14

Behind: 25:21

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (114)	1:14	5	0:17	29.8	1:14	5	0:17	29.8
2 (108)	3:01	7	0:52	40.3	4:15	4	0:43	20.3
3 (103)	1:09	9	0:18	35.3	5:24	4	0:57	21.4
4 (102)	0:24	3	0:02	9.1	5:48	4	0:54	18.4
5 (109)	1:10	5	0:06	9.4	6:58	3	0:59	16.4
6 (110)	0:25	1	-	-	7:23	2	0:55	14.2
7 (107)	0:24	1	-	-	7:47	2	0:52	12.5
8 (104)	0:53	10	0:17	47.2	8:40	2	1:05	14.3
9 (105)	1:24	5	0:07	9.1	10:04	2	1:10	13.1
10 (113)	10:49	18	8:24	347.6	20:53	10	9:28	82.9
11 (117)	20:35	18	19:01	1,213.8	41:28	17	26:20	174.0
12 (118)	0:40	4	0:08	25.0	42:08	17	27:00	178.4
Finish	0:27	10	0:07	35.0	42:35	16	25:21	147.1