



## 26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

### Detailed evaluation

**Nehrig, Jörg**

Club: Eisenacher LV

Number: 420

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:39:44

Speed: 12.69 km/h

Running performance: 4:44 min/km

Rank in course/Total: 9 (of 35)

Rank in course/Men: 9 (of 28)

Best time in course: 1:19:51

Rank in category: 1(of 3)

Best time in the category: 1:39:44