



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Wojna, Nico

Club: Lauffreunde Elmenthal/ Karate-Runners
Number: 250

Course: 13.00 km
Mittelstrecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:18:23

Speed: 9.95 km/h
Running performance: 6:02 min/km

Rank in course/Total: 20 (of 32)

Rank in course/Men: 17 (of 21)

Best time in course: 55:17

Rank in category: 3(of 4)

Best time in the category: 1:14:49