



## Detailed evaluation

**Nils Morten Hennersdorf**

**Total time: 1:48:04**

Club: SV 1883 Schwarza/ Schwimmen  
Number: 28

Course: 37.00 km

Rank in course/Total: 9 (of 74)

Hexengrund-Triathlon 37 km

Rank in course/Men: 9 (of 58)

Best time in course: 1:33:38

Category:

Rank in category: 1(of 4)

AK 20 M

Best time in the category: 1:48:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:25	16:49	1	-	3	0:57	0.50	8:25	16:49	1	-	3	0:57
Wechsel Schw.-R	-	1:43	-	1	-	14	0:50	0.50	10:08	20:15	1	-	3	1:37
Schwimmen Total	0.50	10:08	20:15	1	-	3	1:37	0.50	10:08	20:15	1	-	3	1:37
Vorrunde Rad	2.00	4:59	2:29	1	-	21	0:59	2.50	15:07	6:02	1	-	3	2:04
Runde Rad	9.00	19:36	2:10	1	-	14	2:46	11.50	34:43	3:01	1	-	4	4:39
Runde Rad	9.00	19:45	2:11	2	0:18	14	2:45	20.50	54:28	2:39	1	-	8	7:07
Runde Rad	9.00	20:09	2:14	2	0:16	16	2:30	29.50	1:14:37	2:31	1	-	9	9:32
Wechsel Rad-Lau	-	1:00	-	3	0:49	42	0:54	29.50	1:15:37	2:33	1	-	9	10:09
Rad Total	29.00	1:05:29	2:15	2	0:23	20	1:05:29	29.50	1:15:37	2:33	1	-	9	10:09
Runde Laufen	2.50	10:40	4:15	1	-	9	1:34	32.00	1:26:17	2:41	1	-	9	10:56
Runde Laufen	2.50	10:55	4:21	1	-	10	1:51	34.50	1:37:12	2:49	1	-	9	12:33
Lauf	2.50	10:52	4:20	1	-	10	1:53	37.00	1:48:04	2:55	1	-	9	14:26
Lauf Total	7.50	32:27	4:19	1	-	9	5:18	37.00	1:48:04	2:55	1	-	9	14:26