



Detailed evaluation

Mariska Kraaij

Total time: 2:07:55

Number: 37

Course: 37.00 km

Rank in course/Total: 38 (of 74)

Hexengrund-Triathlon 37 km

Rank in course/Women: 4 (of 16)

Best time in course: 2:03:55

Category:

Rank in category: 1(of 1)

AK 35 W

Best time in the category: 2:07:55

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.50	12:44	25:27	1	-	3	2:02	0.50	12:44	25:27	1	-	3	2:02	
Wechsel Schw.-R	-	2:15	-	1	-	6	0:37	0.50	14:59	29:57	1	-	6	2:13	
Schwimmen Total	0.50	14:59	29:57	1	-	6	2:13	0.50	14:59	29:57	1	-	6	2:13	
Vorrunde Rad	2.00	4:51	2:25	1	-	1	-	2.50	19:50	7:55	1	-	2	1:36	
Runde Rad	9.00	20:31	2:16	1	-	1	-	11.50	40:21	3:30	1	-	2	0:06	
Runde Rad	9.00	20:50	2:18	1	-	1	-	20.50	1:01:11	2:59	1	-	1	-	
Runde Rad	9.00	24:24	2:42	1	-	7	2:12	29.50	1:25:35	2:54	1	-	2	1:14	
Wechsel Rad-Lauf	-	1:36	-	1	-	15	1:26	29.50	1:27:11	2:57	1	-	3	2:17	
Rad Total	29.00	1:12:12	2:29	1	-	3	0:22	29.50	1:27:11	2:57	1	-	3	2:17	
Runde Laufen	2.50	13:17	5:18	1	-	8	1:37	32.00	1:40:28	3:08	1	-	3	2:51	
Runde Laufen	2.50	13:54	5:33	1	-	8	1:40	34.50	1:54:22	3:18	1	-	3	3:32	
Lauf	2.50	13:33	5:25	1	-	6	1:31	37.00	2:07:55	3:27	1	-	4	4:00	
Lauf Total	7.50	40:44	5:25	1	-	7	4:24	37.00	2:07:55	3:27	1	-	4	4:00	