



Detailed evaluation

Synke Schade

Total time: 2:58:49

Number: 25

Course: 37.00 km

Rank in course/Total: 70 (of 74)

Hexengrund-Triathlon 37 km

Rank in course/Women: 16 (of 16)

Best time in course: 2:03:55

Category:

Rank in category: 5(of 5)

AK 40, Seniorinnen 1

Best time in the category: 2:03:55

| Control | Intermediate times | | | | | | | Stage score | | | | Total ranking | | | |
|------------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|-------------|------------|--------------|----------|---------------|-----------|--------------|--|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Schwimmen nett | 0.50 | 16:55 | 33:50 | 5 | 6:13 | 16 | 6:13 | 0.50 | 16:55 | 33:50 | 5 | 6:13 | 16 | 6:13 | |
| Wechsel Schw.-R | - | 3:29 | - | 4 | 1:33 | 11 | 1:51 | 0.50 | 20:24 | 40:47 | 5 | 7:38 | 15 | 7:38 | |
| Schwimmen Total | 0.50 | 20:24 | 40:47 | 5 | 7:38 | 15 | 7:38 | 0.50 | 20:24 | 40:47 | 5 | 7:38 | 15 | 7:38 | |
| Vorrunde Rad | 2.00 | 7:19 | 3:39 | 5 | 2:16 | 16 | 2:28 | 2.50 | 27:43 | 11:05 | 5 | 9:29 | 15 | 9:29 | |
| Runde Rad | 9.00 | 34:24 | 3:49 | 5 | 13:12 | 16 | 13:53 | 11.50 | 1:02:07 | 5:24 | 5 | 21:52 | 16 | 21:52 | |
| Runde Rad | 9.00 | 34:25 | 3:49 | 5 | 12:31 | 16 | 13:35 | 20.50 | 1:36:32 | 4:42 | 5 | 34:23 | 16 | 35:21 | |
| Runde Rad | 9.00 | 35:44 | 3:58 | 5 | 13:32 | 16 | 13:32 | 29.50 | 2:12:16 | 4:29 | 5 | 47:55 | 16 | 47:55 | |
| Wechsel Rad-Lauf | - | 0:10 | - | 1 | - | 1 | - | 29.50 | 2:12:26 | 4:29 | 5 | 47:32 | 16 | 47:32 | |
| Rad Total | 29.00 | 1:52:02 | 3:51 | 5 | 40:12 | 16 | 40:12 | 29.50 | 2:12:26 | 4:29 | 5 | 47:32 | 16 | 47:32 | |
| Runde Laufen | 2.50 | 14:51 | 5:56 | 5 | 2:20 | 12 | 3:11 | 32.00 | 2:27:17 | 4:36 | 5 | 49:40 | 16 | 49:40 | |
| Runde Laufen | 2.50 | 15:33 | 6:13 | 5 | 2:42 | 12 | 3:19 | 34.50 | 2:42:50 | 4:43 | 5 | 52:00 | 16 | 52:00 | |
| Lauf | 2.50 | 15:59 | 6:23 | 4 | 2:54 | 13 | 3:57 | 37.00 | 2:58:49 | 4:49 | 5 | 54:54 | 16 | 54:54 | |
| Lauf Total | 7.50 | 46:23 | 6:11 | 5 | 7:32 | 12 | 10:03 | 37.00 | 2:58:49 | 4:49 | 5 | 54:54 | 16 | 54:54 | |