



Detailed evaluation

Daniela Gohle

Total time: 2:12:44

Club: LAC Rudolstadt

Number: 23

Course: 37.00 km

Rank in course/Total: 44 (of 74)

Hexengrund-Triathlon 37 km

Rank in course/Women: 7 (of 16)

Best time in course: 2:03:55

Category:

Rank in category: 1(of 4)

AK 45, Seniorinnen 2

Best time in the category: 2:12:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:51	25:41	2	0:03	7	2:09	0.50	12:51	25:41	2	0:03	7	2:09
Wechsel Schw.-R	-	1:38	-	1	-	1	-	0.50	14:29	28:57	1	-	3	1:43
Schwimmen Total	0.50	14:29	28:57	1	-	3	1:43	0.50	14:29	28:57	1	-	3	1:43
Vorrunde Rad	2.00	5:37	2:48	2	0:10	6	0:46	2.50	20:06	8:02	1	-	5	1:52
Runde Rad	9.00	23:09	2:34	1	-	6	2:38	11.50	43:15	3:45	1	-	5	3:00
Runde Rad	9.00	22:56	2:32	1	-	5	2:06	20.50	1:06:11	3:13	1	-	4	5:00
Runde Rad	9.00	23:30	2:36	1	-	3	1:18	29.50	1:29:41	3:02	1	-	4	5:20
Wechsel Rad-Lauf	-	0:13	-	2	0:03	6	0:03	29.50	1:29:54	3:02	1	-	4	5:00
Rad Total	29.00	1:15:25	2:36	1	-	4	3:35	29.50	1:29:54	3:02	1	-	4	5:00
Runde Laufen	2.50	13:49	5:31	3	0:53	10	2:09	32.00	1:43:43	3:14	1	-	5	6:06
Runde Laufen	2.50	14:26	5:46	2	0:39	9	2:12	34.50	1:58:09	3:25	1	-	6	7:19
Lauf	2.50	14:35	5:50	2	0:59	9	2:33	37.00	2:12:44	3:35	1	-	7	8:49
Lauf Total	7.50	42:50	5:42	3	2:31	10	6:30	37.00	2:12:44	3:35	1	-	7	8:49