



Detailed evaluation

Bert Raabe

Total time: 1:56:03

Club: Erdinger alkoholfrei
Number: 64

Course: 37.00 km
Hexengrund-Triathlon 37 km

Rank in course/Total: 17 (of 74)

Rank in course/Men: 17 (of 58)

Best time in course: 1:33:38

Category:

Rank in category: 2(of 6)

AK 30 M

Best time in the category: 1:54:21

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:39	21:18	1	-	12	3:11	0.50	10:39	21:18	1	-	12	3:11
Wechsel Schw.-R	-	3:22	-	5	1:34	42	2:29	0.50	14:01	28:02	2	0:17	19	5:30
Schwimmen Total	0.50	14:01	28:02	2	0:17	19	5:30	0.50	14:01	28:02	2	0:17	19	5:30
Vorrunde Rad	2.00	4:57	2:28	3	0:17	18	0:57	2.50	18:58	7:35	1	-	18	5:55
Runde Rad	9.00	20:27	2:16	3	0:58	22	3:37	11.50	39:25	3:25	2	0:07	19	9:21
Runde Rad	9.00	20:31	2:16	2	1:06	21	3:31	20.50	59:56	2:55	2	0:16	19	12:35
Runde Rad	9.00	19:21	2:09	1	-	10	1:42	29.50	1:19:17	2:41	1	-	15	14:12
Wechsel Rad-Lau	-	0:13	-	3	0:05	17	0:07	29.50	1:19:30	2:41	1	-	14	14:02
Rad Total	29.00	1:05:29	2:15	2	1:54	21	1:05:29	29.50	1:19:30	2:41	1	-	14	14:02
Runde Laufen	2.50	12:03	4:49	2	0:32	21	2:57	32.00	1:31:33	2:51	2	0:30	15	16:12
Runde Laufen	2.50	12:12	4:52	2	0:25	22	3:08	34.50	1:43:45	3:00	2	0:55	15	19:06
Lauf	2.50	12:18	4:55	2	0:47	26	3:19	37.00	1:56:03	3:08	2	1:42	17	22:25
Lauf Total	7.50	36:33	4:52	2	1:44	23	9:24	37.00	1:56:03	3:08	2	1:42	17	22:25