



Detailed evaluation

Lena-Marie Heinrich

Total time: 35:14

Club: HSV Weimar Triathlon e.V.
Number: 703

Course: 7.10 km
Juniorhexe 1 (7,1 km)

Rank in course/Total: 8 (of 12)
Rank in course/Women: 2 (of 3)
Best time in course: 31:32

Category:
Schülerinnen B (10 und -11)

Rank in category: 2(of 3)
Best time in the category: 31:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.10	4:46	47:39	3	0:22	3	0:22	0.10	4:46	47:39	3	0:22	3	0:22
Wechsel Schw.-R	-	1:29	-	3	0:24	3	0:24	0.10	6:15	62:30	3	0:46	3	0:46
Schwimmen Total	0.10	6:15	62:30	3	0:46	3	0:46	0.10	6:15	62:30	3	0:46	3	0:46
Vorrunde Rad	2.00	6:45	3:22	3	0:37	3	0:37	2.10	13:00	6:11	3	1:07	3	1:07
Runde Rad	1.25	3:57	3:09	2	0:25	2	0:25	3.35	16:57	5:03	2	1:32	2	1:32
Runde Rad	1.25	3:49	3:03	3	0:40	3	0:40	4.60	20:46	4:30	3	5:31	3	5:31
Wechsel Rad-Lauf	-	0:08	-	1	-	1	-	4.60	20:54	4:32	3	5:26	3	5:26
Rad Total	4.50	14:39	3:15	3	5:09	3	5:09	4.60	20:54	4:32	3	5:26	3	5:26
Lauf	2.50	14:20	5:44	2	1:59	2	1:59	7.10	35:14	4:57	2	3:42	2	3:42
Lauf Total	2.50	14:20	5:44	2	1:59	2	1:59	7.10	35:14	4:57	2	3:42	2	3:42