



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Rabb, André

Club: Let's Do It Germany  
Number: 188

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 52:21

Speed: 10.32 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 110 (of 186)

Rank in course/Men: 91 (of 123)

Best time in course: 32:27

Rank in category: 15(of 17)

Best time in the category: 39:15