



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter
Number: 194

Course: 9.50 km
Kurze Strecke

Category:
Senioren M70 (70-74 Jahre)

Total time: 55:01

Speed: 9.82 km/h
Running performance: 5:47 min/km

Rank in course/Total: 124 (of 186)

Rank in course/Men: 99 (of 123)

Best time in course: 32:27

Rank in category: 3(of 5)

Best time in the category: 42:53