



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Stengel, Susanne

Club: Wiesbaden  
Number: 158

Course: 9.50 km  
Kurze Strecke

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 56:30

Speed: 9.56 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 133 (of 186)

Rank in course/Women: 32 (of 63)

Best time in course: 38:23

Rank in category: 3(of 6)

Best time in the category: 52:11