



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Kraus, Benjamin

Club: Stadtilm
Number: 93

Course: 9.50 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 59:35

Speed: 9.06 km/h
Running performance: 6:16 min/km

Rank in course/Total: 151 (of 186)

Rank in course/Men: 111 (of 123)

Best time in course: 32:27

Rank in category: 15(of 15)

Best time in the category: 36:42