



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Freitag, Undine

Club: Freitagsfamily
Number: 43

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 59:48

Speed: 9.03 km/h
Running performance: 6:17 min/km

Rank in course/Total: 153 (of 186)

Rank in course/Women: 41 (of 63)

Best time in course: 38:23

Rank in category: 4(of 6)

Best time in the category: 52:11