



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Witzel, Larissa

Club: Wümbacher Sportverein
Number: 184

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:01:45

Speed: 8.74 km/h
Running performance: 6:30 min/km

Rank in course/Total: 167 (of 186)

Rank in course/Women: 53 (of 63)

Best time in course: 38:23

Rank in category: 7(of 7)

Best time in the category: 42:34