



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Bräutigam, Marcel

Club: GutsMuths-Rennsteiglaufverein
Number: 281

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 59:36

Speed: 18.12 km/h
Running performance: 3:13 min/km

Rank in course/Total: 1 (of 75)

Rank in course/Men: 1 (of 57)

Best time in course: 59:36

Rank in category: 1(of 6)

Best time in the category: 59:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	29:55	3:13	1	-	1	-	9.30	29:55	3:13	1	-	1	-
Runde	9.00	29:07	3:14	1	-	1	-	18.30	59:02	3:13	1	-	1	-
Finish	0.20	0:34	2:49	1	-	1	-	18.50	59:36	3:13	1	-	1	-