



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Ludwig, Yvonne

Club: OCR Squad Erfurt
Number: 112

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:13:07

Speed: 7.39 km/h
Running performance: 7:42 min/km

Rank in course/Total: 181 (of 186)

Rank in course/Women: 62 (of 63)

Best time in course: 38:23

Rank in category: 10(of 10)

Best time in the category: 47:34