



17. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Schönborn, Frank

Club: Lauffreunde Gotha  
 Number: 334

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M50 (50-54 Jahre)

Total time: 1:14:14

Speed: 14.55 km/h  
 Running performance: 4:01 min/km

Rank in course/Total: 7 (of 75)

Rank in course/Men: 7 (of 57)

Best time in course: 59:36

Rank in category: 1(of 10)

Best time in the category: 1:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	37:09	3:59	1	-	8	7:14	9.30	37:09	3:59	1	-	8	7:14
Runde	9.00	36:24	4:02	1	-	7	7:17	18.30	1:13:33	4:01	1	-	8	14:31
Finish	0.20	0:41	3:24	2	0:03	7	0:07	18.50	1:14:14	4:00	1	-	7	14:38