



17. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Luderer, Mathias

Club: Trailrunning-Crew Thüringen  
 Number: 311

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M35 (35-39 Jahre)

Total time: 1:16:28

Speed: 14.12 km/h  
 Running performance: 4:08 min/km

Rank in course/Total: 9 (of 75)

Rank in course/Men: 9 (of 57)

Best time in course: 59:36

Rank in category: 4(of 6)

Best time in the category: 59:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	37:48	4:03	4	7:53	9	7:53	9.30	37:48	4:03	7	7:53	58	7:53
Runde	9.00	37:57	4:13	4	8:50	9	8:50	18.30	1:15:45	4:08	7	16:43	57	16:43
Finish	0.20	0:43	3:34	4	0:09	11	0:09	18.50	1:16:28	4:08	4	16:52	9	16:52