



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Mansfeld, Thilo

Club: Hirschbach
 Number: 317

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M40 (40-44 Jahre)

Total time: 1:19:04

Speed: 13.66 km/h
 Running performance: 4:16 min/km

Rank in course/Total: 11 (of 75)

Rank in course/Men: 11 (of 57)

Best time in course: 59:36

Rank in category: 3(of 9)

Best time in the category: 1:08:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	38:11	4:06	3	4:31	10	8:16	9.30	38:11	4:06	10	4:31	58	8:16
Runde	9.00	40:05	4:27	5	6:01	16	10:58	18.30	1:18:16	4:16	10	10:32	57	19:14
Finish	0.20	0:48	4:00	5	0:08	20	0:14	18.50	1:19:04	4:16	3	10:40	11	19:28