



17. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Mansfeld, Thilo

Club: Hirschbach
Number: 317

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:19:04

Speed: 14.04 km/h
Running performance: 4:16 min/km

Rank in course/Total: 11 (of 75)

Rank in course/Men: 11 (of 57)

Best time in course: 59:36

Rank in category: 3(of 9)

Best time in the category: 1:08:24

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 9.30 | 38:11 | 4:06 | 3 | 4:31 | 10 | 8:16 | 9.30 | 38:11 | 4:06 | 10 | 4:31 | 58 | 8:16 |
| Runde | 9.00 | 40:05 | 4:27 | 5 | 6:01 | 16 | 10:58 | 18.30 | 1:18:16 | 4:16 | 10 | 10:32 | 57 | 19:14 |
| Finish | 0.20 | 0:48 | 4:00 | 5 | 0:08 | 20 | 0:14 | 18.50 | 1:19:04 | 4:16 | 3 | 10:40 | 11 | 19:28 |