



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Halbedel, Sven

Club: NSV Wernigerode
 Number: 295

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M40 (40-44 Jahre)

Total time: 1:20:06

Speed: 13.48 km/h
 Running performance: 4:20 min/km

Rank in course/Total: 13 (of 75)

Rank in course/Men: 13 (of 57)

Best time in course: 59:36

Rank in category: 4(of 9)

Best time in the category: 1:08:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	39:49	4:16	4	6:09	12	9:54	9.30	39:49	4:16	10	6:09	58	9:54
Runde	9.00	39:34	4:23	3	5:30	12	10:27	18.30	1:19:23	4:20	10	11:39	57	20:21
Finish	0.20	0:43	3:34	3	0:03	11	0:09	18.50	1:20:06	4:19	4	11:42	13	20:30