



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Fischer, Thomas

Club: RLT Rodgau
Number: 288

Course: 18.50 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:20:46

Speed: 13.37 km/h
Running performance: 4:22 min/km

Rank in course/Total: 14 (of 75)

Rank in course/Men: 14 (of 57)

Best time in course: 59:36

Rank in category: 2(of 10)

Best time in the category: 1:14:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	40:17	4:19	2	3:08	15	10:22	9.30	40:17	4:19	11	3:08	58	10:22
Runde	9.00	39:47	4:25	2	3:23	13	10:40	18.30	1:20:04	4:22	11	6:31	57	21:02
Finish	0.20	0:42	3:29	3	0:04	8	0:08	18.50	1:20:46	4:21	2	6:32	14	21:10