



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Gottschalk, Markus

Club: SG Wachsenburg Haarhausen
 Number: 353

Course: 18.50 km
 Lange Strecke

Category:
 Männer (20-29 Jahre)

Total time: 1:21:07

Speed: 13.31 km/h
 Running performance: 4:23 min/km

Rank in course/Total: 16 (of 75)

Rank in course/Men: 16 (of 57)

Best time in course: 59:36

Rank in category: 4(of 4)

Best time in the category: 1:12:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	40:23	4:20	4	5:11	16	10:28	9.30	40:23	4:20	5	5:11	58	10:28
Runde	9.00	39:53	4:25	4	3:51	14	10:46	18.30	1:20:16	4:23	5	8:56	57	21:14
Finish	0.20	0:51	4:15	4	0:09	24	0:17	18.50	1:21:07	4:23	4	9:05	16	21:31