



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Weber, Ronny

Club: Gutsmuthsrennsteiglaufverein
Number: 346

Course: 18.50 km
Lange Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:23:00

Speed: 13.01 km/h
Running performance: 4:29 min/km

Rank in course/Total: 17 (of 75)

Rank in course/Men: 17 (of 57)

Best time in course: 59:36

Rank in category: 2(of 9)

Best time in the category: 1:19:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	40:25	4:20	2	0:31	17	10:30	9.30	40:25	4:20	10	0:31	16	10:30
Runde	9.00	41:43	4:38	3	2:38	19	12:36	18.30	1:22:08	4:29	10	3:09	57	23:06
Finish	0.20	0:52	4:19	5	0:08	27	0:18	18.50	1:23:00	4:29	2	3:07	17	23:24