



17. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Kreuzberger, Gunther

Club: Fit mit Schmidt  
 Number: 328

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M50 (50-54 Jahre)

Total time: 1:26:28

Speed: 12.49 km/h  
 Running performance: 4:40 min/km

Rank in course/Total: 24 (of 75)

Rank in course/Men: 23 (of 57)

Best time in course: 59:36

Rank in category: 3(of 10)

Best time in the category: 1:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	43:25	4:40	5	6:16	26	13:30	9.30	43:25	4:40	11	6:16	58	13:30
Runde	9.00	42:25	4:42	3	6:01	22	13:18	18.30	1:25:50	4:41	11	12:17	57	26:48
Finish	0.20	0:38	3:09	1	-	2	0:04	18.50	1:26:28	4:40	3	12:14	23	26:52