



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Maleße, André

Club: Ilmenau
 Number: 315

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:29:07

Speed: 12.12 km/h
 Running performance: 4:49 min/km

Rank in course/Total: 28 (of 75)

Rank in course/Men: 27 (of 57)

Best time in course: 59:36

Rank in category: 5(of 6)

Best time in the category: 59:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	44:44	4:48	5	14:49	28	14:49	9.30	44:44	4:48	7	14:49	58	14:49
Runde	9.00	43:35	4:50	5	14:28	24	14:28	18.30	1:28:19	4:49	7	29:17	57	29:17
Finish	0.20	0:48	4:00	5	0:14	20	0:14	18.50	1:29:07	4:49	5	29:31	27	29:31