



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Schmid, Jörg

Club: Rennsteiglaufverein, Arnstadt
Number: 332

Course: 18.50 km
Lange Strecke

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:33:54

Speed: 11.50 km/h
Running performance: 5:05 min/km

Rank in course/Total: 36 (of 75)

Rank in course/Men: 33 (of 57)

Best time in course: 59:36

Rank in category: 2(of 9)

Best time in the category: 1:33:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	45:37	4:54	2	0:13	32	15:42	9.30	45:37	4:54	10	0:13	58	15:42
Runde	9.00	47:21	5:15	2	0:31	36	18:14	18.30	1:32:58	5:04	9	0:44	57	33:56
Finish	0.20	0:56	4:39	3	0:04	39	0:22	18.50	1:33:54	5:04	2	0:45	33	34:18