



17. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Jeß, Geralf

Club: Ilmenau  
 Number: 303

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M50 (50-54 Jahre)

Total time: 1:34:49

Speed: 11.39 km/h  
 Running performance: 5:08 min/km

Rank in course/Total: 38 (of 75)

Rank in course/Men: 35 (of 57)

Best time in course: 59:36

Rank in category: 7(of 10)

Best time in the category: 1:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	47:24	5:05	9	10:15	38	17:29	9.30	47:24	5:05	11	10:15	58	17:29
Runde	9.00	46:33	5:10	6	10:09	31	17:26	18.30	1:33:57	5:08	6	20:24	34	34:55
Finish	0.20	0:52	4:19	6	0:14	27	0:18	18.50	1:34:49	5:07	7	20:35	35	35:13