



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Brunsch, Mario

Club: Ilmenau
 Number: 282

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M45 (45-49 Jahre)

Total time: 1:36:29

Speed: 11.19 km/h
 Running performance: 5:13 min/km

Rank in course/Total: 42 (of 75)

Rank in course/Men: 39 (of 57)

Best time in course: 59:36

Rank in category: 9(of 9)

Best time in the category: 1:19:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	47:29	5:06	9	7:35	40	17:34	9.30	47:29	5:06	10	7:35	58	17:34
Runde	9.00	48:04	5:20	8	8:59	41	18:57	18.30	1:35:33	5:13	10	16:34	37	36:31
Finish	0.20	0:56	4:39	8	0:12	39	0:22	18.50	1:36:29	5:12	9	16:36	39	36:53