



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Stock, Harald

Club: Magdala  
Number: 342

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:36:54

Speed: 11.15 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 43 (of 75)

Rank in course/Men: 40 (of 57)

Best time in course: 59:36

Rank in category: 3(of 6)

Best time in the category: 1:32:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	48:51	5:15	3	3:35	43	18:56	9.30	48:51	5:15	7	3:35	58	18:56
Runde	9.00	47:12	5:14	2	0:22	35	18:05	18.30	1:36:03	5:14	7	3:57	57	37:01
Finish	0.20	0:51	4:15	1	-	24	0:17	18.50	1:36:54	5:14	3	3:56	40	37:18