



17. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Heym, Thomas

Club: Ilmenau  
 Number: 298

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M50 (50-54 Jahre)

Total time: 1:37:14

Speed: 11.11 km/h  
 Running performance: 5:16 min/km

Rank in course/Total: 45 (of 75)

Rank in course/Men: 42 (of 57)

Best time in course: 59:36

Rank in category: 8(of 10)

Best time in the category: 1:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	44:31	4:47	6	7:22	27	14:36	9.30	44:31	4:47	6	7:22	27	14:36
Runde	9.00	51:45	5:45	9	15:21	46	22:38	18.30	1:36:16	5:15	8	22:43	42	37:14
Finish	0.20	0:58	4:49	10	0:20	46	0:24	18.50	1:37:14	5:15	8	23:00	42	37:38