



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Schertling, Mario

Club: Arnstadt
 Number: 351

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M60 (60-64 Jahre)

Total time: 1:40:43

Speed: 11.02 km/h
 Running performance: 5:26 min/km

Rank in course/Total: 50 (of 75)

Rank in course/Men: 45 (of 57)

Best time in course: 59:36

Rank in category: 3(of 9)

Best time in the category: 1:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	50:06	5:23	5	4:42	47	20:11	9.30	50:06	5:23	10	4:42	58	20:11
Runde	9.00	49:38	5:30	3	2:48	43	20:31	18.30	1:39:44	5:26	9	7:30	57	40:42
Finish	0.20	0:59	4:54	6	0:07	50	0:25	18.50	1:40:43	5:26	3	7:34	45	41:07