



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Machatschek, Frank

Club: Meiningen
 Number: 313

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M60 (60-64 Jahre)

Total time: 1:42:43

Speed: 10.51 km/h
 Running performance: 5:33 min/km

Rank in course/Total: 51 (of 75)

Rank in course/Men: 46 (of 57)

Best time in course: 59:36

Rank in category: 4(of 9)

Best time in the category: 1:33:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	49:42	5:20	3	4:18	45	19:47	9.30	49:42	5:20	10	4:18	58	19:47
Runde	9.00	52:05	5:47	5	5:15	47	22:58	18.30	1:41:47	5:33	9	9:33	57	42:45
Finish	0.20	0:56	4:39	3	0:04	39	0:22	18.50	1:42:43	5:33	4	9:34	46	43:07