



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt
 Number: 276

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M60 (60-64 Jahre)

Total time: 1:43:12

Speed: 10.47 km/h
 Running performance: 5:35 min/km

Rank in course/Total: 53 (of 75)

Rank in course/Men: 48 (of 57)

Best time in course: 59:36

Rank in category: 5(of 9)

Best time in the category: 1:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	49:42	5:20	3	4:18	45	19:47	9.30	49:42	5:20	10	4:18	58	19:47
Runde	9.00	52:38	5:50	6	5:48	49	23:31	18.30	1:42:20	5:35	9	10:06	57	43:18
Finish	0.20	0:52	4:19	1	-	27	0:18	18.50	1:43:12	5:34	5	10:03	48	43:36