



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Baumbach, Ulrike

Club: waldläufer
 Number: 275

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W50 (50-54 Jahre)

Total time: 1:48:38

Speed: 9.94 km/h
 Running performance: 5:52 min/km

Rank in course/Total: 66 (of 75)
 Rank in course/Women: 13 (of 18)
 Best time in course: 1:26:24

Rank in category: 3(of 4)
 Best time in the category: 1:33:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	54:02	5:48	3	8:17	14	12:05	9.30	54:02	5:48	5	8:17	19	12:05
Runde	9.00	53:38	5:57	3	6:51	11	10:01	18.30	1:47:40	5:53	5	15:08	19	22:06
Finish	0.20	0:58	4:49	2	0:01	9	0:08	18.50	1:48:38	5:52	3	15:09	13	22:14