



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Goymann, Uwe

Club: Laufftreff Plaue
Number: 292

Course: 18.50 km
Lange Strecke

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:51:57

Speed: 9.65 km/h
Running performance: 6:03 min/km

Rank in course/Total: 68 (of 75)

Rank in course/Men: 54 (of 57)

Best time in course: 59:36

Rank in category: 8(of 9)

Best time in the category: 1:33:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	55:04	5:55	8	9:40	54	25:09	9.30	55:04	5:55	10	9:40	58	25:09
Runde	9.00	55:43	6:11	8	8:53	54	26:36	18.30	1:50:47	6:03	9	18:33	57	51:45
Finish	0.20	1:10	5:49	8	0:18	54	0:36	18.50	1:51:57	6:03	8	18:48	54	52:21