



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Schwanengel, Christian

Club: TechnoTeam
Number: 152

Course: 9.50 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 42:20

Speed: 12.76 km/h
Running performance: 4:28 min/km

Rank in course/Total: 29 (of 186)

Rank in course/Men: 27 (of 123)

Best time in course: 32:27

Rank in category: 5(of 17)

Best time in the category: 39:15