



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Wirsching, Ines

Club: Langewiesen
Number: 349

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:02:09

Speed: 8.84 km/h
Running performance: 6:36 min/km

Rank in course/Total: 71 (of 75)
Rank in course/Women: 17 (of 18)
Best time in course: 1:26:24

Rank in category: 2(of 2)
Best time in the category: 1:51:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	1:00:05	6:27	2	7:22	17	18:08	9.30	1:00:05	6:27	3	7:22	19	18:08
Runde	9.00	1:00:56	6:46	2	3:02	18	17:19	18.30	2:01:01	6:36	3	10:24	19	35:27
Finish	0.20	1:08	5:39	2	0:02	17	0:18	18.50	2:02:09	6:36	2	10:26	17	35:45