



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Poppner, Christian

Club: SV Irxleben
Number: 124

Course: 9.50 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 42:25

Speed: 13.44 km/h
Running performance: 4:28 min/km

Rank in course/Total: 31 (of 186)

Rank in course/Men: 29 (of 123)

Best time in course: 32:27

Rank in category: 4(of 15)

Best time in the category: 36:42