



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Jacob, Catrin

Club: Arnstadt
Number: 73

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 42:34

Speed: 12.69 km/h
Running performance: 4:29 min/km

Rank in course/Total: 33 (of 186)

Rank in course/Women: 3 (of 63)

Best time in course: 38:23

Rank in category: 1(of 7)

Best time in the category: 42:34