



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Raffler, Frank

Club: WSV Steinbach  
Number: 130

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 43:35

Speed: 12.39 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 41 (of 186)

Rank in course/Men: 38 (of 123)

Best time in course: 32:27

Rank in category: 6(of 12)

Best time in the category: 33:41