



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

**Seever, Thorsten**

Club: SG Motor Arnstadt  
Number: 153

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 44:14

Speed: 12.21 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 42 (of 186)

Rank in course/Men: 39 (of 123)

Best time in course: 32:27

Rank in category: 2(of 12)

Best time in the category: 42:48