



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

**Vogel, Michael**

Club: Mondangler Manebach  
Number: 169

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 45:35

Speed: 11.85 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 50 (of 186)

Rank in course/Men: 46 (of 123)

Best time in course: 32:27

Rank in category: 4(of 12)

Best time in the category: 42:48