



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

**Bohnebuck, Ulf**

Club: SG Motor Arnstadt  
Number: 19

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 48:08

Speed: 11.22 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 69 (of 186)

Rank in course/Men: 62 (of 123)

Best time in course: 32:27

Rank in category: 7(of 14)

Best time in the category: 38:08