



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Prasser, Niels

Club: SG Motor Arnstadt
Number: 125

Course: 9.50 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 48:33

Speed: 11.12 km/h
Running performance: 5:07 min/km

Rank in course/Total: 72 (of 186)

Rank in course/Men: 65 (of 123)

Best time in course: 32:27

Rank in category: 7(of 12)

Best time in the category: 42:48